# J. URBAN WATERS LEARNING NETWORK

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### About the Organization:

The Elizabeth River Project aims to restore the Elizabeth River to the highest practical level of environmental quality through government, business, and community partnerships. The Elizabeth River Project is the nonprofit leading community efforts to restore the environmental health of this great harbor river while affirming her value to the port economy.

#### Location:

Norfolk, VA

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# **Bringing Oysters Back to the Eastern Branch of the Elizabeth River**

Once a thriving tidal river, the Eastern Branch of the Elizabeth River became known as the *lost branch* when it fell from public awareness. Stemming from this lack of awareness, it also became one of the most polluted tributaries in the watershed. The Elizabeth River Project and partners have set out to change that, with public awareness campaigns and multi-sector partnerships to restore urban shorelines with native oysters. Because of these efforts the Chesapeake Bay Program now recognizes the Eastern Branch of the Elizabeth River fully restored for oyster habitat; and there have been significant improvements in water quality demonstrating that large-scale restoration with multiple community partners can restore a once dead urban waterway.

## Eastern Branch of the Elizabeth River

The Elizabeth River is a tidal estuary in Virginia that has four branches—the Western, Southern, and Eastern Branches as well as the Lafayette River. The <u>Eastern Branch</u> watershed is 40 square miles and flows through the cities of Virginia Beach, Chesapeake, and Norfolk. What was once a thriving tidal river with sailing ships and abundant oyster reefs, has more recently been known as the *lost branch*, because it is difficult to publicly access and out of sight of public awareness.

The Eastern Branch once had some of the poorest environmental conditions in the Elizabeth River watershed, receiving a D grade in the <u>2014 State of the</u> <u>River Scorecard</u> by the <u>Elizabeth River Project</u> (ERP) and the Virginia Department of Environmental Quality – primarily because of bacteria levels in the water. Following the failing grades in the Eastern Branch, the ERP developed the <u>Eastern Branch Restoration Strategy</u> (2014) and the <u>Twentieth</u> <u>Anniversary Watershed Action Plan for the Elizabeth River</u> (2016) that outline restoration priorities for the watershed, including oyster restoration and resilient natural shorelines.



The Elizabeth River is an urban tidal estuary located in southeastern Virginia; the Eastern Branch was the site of several oyster restoration projects by the Elizabeth River Project.

## **Restoring Oysters in the Eastern Branch**

With funding from a <u>National Fish and Wildlife Foundation</u> (NFWF) Five Star and Urban Waters grant, ERP and partners contributed to the oyster restoration goals in the Eastern Branch. The project aimed to restore five acres of oyster reefs to the river shoreline to filter pollutants while also providing crucial habitat for native fish. A multi-sector partnership between nonprofit organizations, a state agency, learning institutions, local government and businesses in the region allows for a diverse range of involvement in the restoration process that shifts the responsibility of improving environmental conditions in the watershed to the whole community.

During the COVID-19 global pandemic, ERP was able to receive permits for reef installations, recruit volunteers from multiple community organizations, and worked with students from the Biology Department of <u>Norfolk State University</u> (NSU)—which is an historically black university—to raise awareness about oyster restoration.

Work resumed in 2021, and ERP enlisted about 100 volunteers for reef installations using 3,500 oyster substrate pieces from <u>Allied Concrete</u>, <u>Grow Oyster Reefs</u>, and <u>Sandbar Oyster Company</u>, and 50 cubic yards of oyster shell

Oyster Restoration Project Partners and Roles	
Elizabeth River Project	Lead organization for planning, installing, and coordinating volunteers for the oyster reef installations and monitoring, and hosting workshops for public awareness
Norfolk State University	Assist in construction and monitoring of reef and lead a public awareness workshop at the university
Virginia Marine Resources Commission (VMRC)	In 2020, VMRC created over 20 acres of oyster habitat in the Eastern Branch which resulted in the branch becoming fully restored for oysters
Chesapeake Bay Foundation	Donate materials for and assist in reef construction
Kinder Morgan	Provide storage and allow materials to be constructed on their site
City of Norfolk	Contribute volunteers for reef construction and engage residents in ERP programs
Ingleside Civic League and Ingleside Baptist Church	Volunteers for reef construction

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seeded with spat (20 of which came from the <u>Chesapeake Bay Foundation's shell recycling program</u>). Once the reefs are constructed, they are monitored for growth and habitat stability with help from students from Norfolk State University.



The NFWF Five Star and Urban Waters grant provided much needed funding to strengthen the partnership between ERP and NSU. Students worked with ERP to install oyster habitat and conduct water quality monitoring in the Eastern Branch of the Elizabeth River. Photos: Elizabeth River Project

Because of ERPs focus on the Eastern Branch as well as the partnerships working to raise awareness in the watershed (see the <u>River Star Homes program</u>), the <u>2020 State of the River Scorecard</u> reports an improvement from D to C. Specifically, the oyster installation project contributed to restoration efforts in the Eastern Branch more broadly; as a result, the branch was declared the <u>second river in Virginia to meet oyster restoration goals in 2021</u>.

"Norfolk State University is proud to have the opportunity to work with the Elizabeth River Project on oysterrelated restoration projects. Through our collaboration, NSU students have come to appreciate the importance of oysters in our ecosystem and their role in restoring the River. It has also been a great way for students to connect with community members and participate in meaningful service, while learning how to be engaged scientists."

~Ashley Haines, Associate Professor in the Department of Biology at NSU

## Lost River, Found

Through years of restoration efforts on the Eastern Branch of the Elizabeth River, ERP has been able to raise public awareness of this urban water resource. And, they haven't done it alone. Multi-sector and diverse partnerships through the NFWF funded project have allowed them to install five new acres of restored living oyster shoreline and contribute to reaching the overall oyster restoration goals for the watershed.

# Critical Habitat: Oyster Restoration Resources and Examples

The National Oceanic and Atmospheric Administration (NOAA) has identified oyster restoration as a <u>key ocean</u> <u>conservation strategy</u> for the multiple benefits they provide, including providing habitat for other species, acting as filters for polluted waters (*a single oyster can filter 50 gallons of water per day!*), and providing natural storm protection for shoreline communities. To support living shorelines of this type, the <u>Oyster Restoration Workgroup</u> provides resources and considerations for constructing and designing living shorelines: <u>A Practitioners' Guide to the</u> <u>Design and Monitoring of Shellfish Restoration Projects: An Ecosystem Services Approach</u>.

There are a variety of materials that can be used to construct new oyster reefs depending on the scale of the project, including concrete oyster <u>castles</u>, <u>discs</u> and <u>tiles</u>, bagged clean shells, and large boulders of limestone rock. Once the



reefs are constructed and seeded with oyster spat, monitoring is an equally important step in order to compare projects and determine the success of the installation: <u>Oyster Habitat Restoration: Monitoring and Assessment Handbook</u>.

Many coastal locations around the United States are working to restore living shorelines by constructing and rebuilding oyster reefs on different scales. Check out the following examples:

- <u>Chesapeake Oyster Alliance</u>
- Billion Oyster Project
- North Carolina Coastal Federation Swan Island Oyster Sanctuary
- Galveston Bay Sustainable Oyster Restoration Project

ERP and partners used wheelbarrows to haul bagged oyster shells to the shoreline for reef construction. Photo: Elizabeth River Project

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For more information about the Learning Network, visit www.UrbanWatersLearningNetwork.org Coordinated by Groundwork USA and River Network Funded by U.S. EPA April 2022

